

# Energy Efficiency Tips



You can save energy and money at no additional cost to yourself by simply changing your energy habits.



### Switch off lights and appliances

when they are not needed. Leaving things on standby still uses energy.



### Don't fill the kettle

with more water than you need, it wastes money, time, and energy.



### Wear warm clothes

Put on warm clothes instead of switching on a heater.



### Reduce your hot water temperature

to 60 degrees, which is adequate for washing and bathing.



### Fix leaking taps

a dripping hot water tap wastes energy and in one week wastes enough hot water to fill half a bath.



### Use energy saving light bulbs

they last up to 10 times longer than ordinary bulbs and using one can save you around £45 over their lifetime.



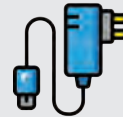
### Do a home energy check

By visiting the Energy Saving Trust website, for a free, impartial report.



### Switch off appliances

at the wall. Leaving them in standby mode could cost you up to 6% more electricity.



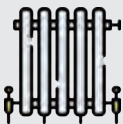
### Pull out chargers from the wall

Removing them when not in use will save you electricity.



### Close curtains & blinds

Close curtains and blinds at night to trap the days heat inside.



### Don't heat empty rooms

In the rooms you don't use turn off the radiators.



### Avoid using a tumble dryer

Minimise use, Maximum load. If you stop using it completely this could save you up to £70 per year.



### Use a microwave or an air fryer

for smaller meals. They use less energy than a conventional oven.



### Only wash full loads

in washing machines and dishwashers – saving detergent, energy, money, and water.



### Cut your shower time

to save energy and water. Cutting just a minute off your shower time could save £35 a year in energy bills.

Bron Afon is working to deliver energy efficiency measures to our homes and with our customers to help tackle climate change.